



AYR ROADS CYCLING  
CLUB  
*Newsletter*

***December 2004***

*Merry Christmas and Happy New Year*

The ups and downs of the 2004 season was thoroughly debated during the clubs AGM in early November and plans set for the club's 75<sup>th</sup> year, 2005. On reflection 2004 brought a surprising and varied amount of success to many members. Medals on the track, both at national and world level, as well as new club records for 10 miles and a new team record for 25 miles were set on the road. Continental rides in L'Etape de Tour and the Entente Cordiale ensured the Ayr Road jersey was seen competing in France. Looking ahead to 2005 the new committee of Vic Possee (Chairman), Kenny Wilson (Secretary) and Alex McAllister (Treasurer) set out their plans to raise both the membership number and the profile of the club.

### **NER'DAY CLUB RUN**

The traditional New Year run to the Club hut at Poundland will take place as always on the first Sunday in the New Year. Leaving Ayr at 9:30 on the 2<sup>nd</sup> January a warm welcome will be made at the club hut for all cyclists. This year Malcolm Firth former National Cycling Coach will join us there for some food and drink. If you are interested in gleaming some useful coaching tips from him you can meet him at the hut or contact Vic to make alternative arrangements.

### **2004 PRESENTATION**

Prize winners for the 2004 season will be awarded their trophies on Friday 21<sup>st</sup> January 2005 in the North Beach Hotel Prestwick.. The evening will begin around 7:30pm with orders for food taken at 8:00pm. The meal will be around £15 per head. As always this will be a great opportunity to come up with some great excuses for last season and set some crazy plans for the coming year. Everyone is invited to attend. Please let a committee member know if you will be attending.

### **FRENCH / BRITISH ENTENTE CORDIAL CELEBRATIONS**

Ayr Roads was represented in the centenary celebrations of the British – French Entente Cordiale. Club Secretary, Kenny Wilson was one of 300 cyclists who competed in the invitation Paris to London Race on 23 and 24 October. Leaving from under the Eiffel Tower and riding through the closed streets of Paris with support vehicles provided from the Tour De France it was certainly one of Kenny's most memorable cycling experiences. The field of 150 British and 150 French riders headed north through Mouy and Le Mesnil- St- Firmin to finish the first days racing at Amiens. Relieved to reach Amiens Kenny made full use of the great technical and medical support provided by the race organisers. The Mavic support team attended to his bike and the medical support team began to reclaim the French gravel from his backside (not a pleasant job) following a crash halfway through the race. After the transfer to Dover the race headed to Rochester Castle before proceeding "neutralised in to London along the closed A2 for a spectacular finish on Tower Bridge. Well done Kenny !

#### **Ayr Road Cycling Club**

Vic Possee (Chairman) tele 01655 770661

Alex McAllister (treasurer) tele: Tel 01292 316336

Kenny Wilson (secretary) tele 01563 540809

## **BEING SMART AT 75.**

To help mark the club's 75<sup>th</sup> anniversary club polo shirts will be available to all members. The committee has agreed to take stock of cotton polo shirts in club blue, to be embroidered with the name of the club, sponsor and a reference to the 75th anniversary. These shirts are one of several new ideas being developed to help promote the club and its members will be free to order as many as they like. To ensure a quality shirt at a reasonable cost the quantity and size of shirts required is being collated by

Kenny Wilson. Please contact Kenny with the number of shirts you require and the size.

## **MEMBERSHIP**

Many people have already renewed their membership but some regulars have still to do so. Registration forms were issued by Alex our treasurer, and it is important that the club keeps an accurate record of its membership. Membership cards will be issued to those who are paid up members of Ayr Roads and not to those who just claim to be. Please pay your membership (£15 Senior, £5 Junior) to;

Club Treasurer, Alex McAllister, 7 Maberry Place Troon. KA10 7LA. Tel 01292 316336

## **MAYHEM IN MANCHESTER**

At the end of November the club made its first official outing to the Velodrome in Manchester. Seven novice riders plus Chairman Vic spent a busy Sunday morning perfecting various track techniques. It all ended with a group photo where they showed off their newly learned skills. After 3 hours most had learned how to hold the bars very tightly with both hands (see photo). Ambition however got the better of Alex who just before exiting the picture on the left tried unsuccessfully to combine his newly learned bar holding techniques with the more advanced technique of clipping your shoe into the pedals.

A return visit is being talked about in the New Year so if you are interested contact Vic.



## **WELCOME YOUNG TOM.**

In a year when the SCU has only one claim for the junior Best All Rounder (BAR) and just 7 for the youth BAR it is most encouraging that recent club runs have enjoyed the company of young Tom Dempster. 14 year old Tom's enthusiasm and knowledge for cycling is equaled by his ability to keep pace with runs. Eager to start racing Tom competed in the Club hill climb and this month the Fullerton Wheelers' Christmas Cracker time trial (24.14 for 9 miles) and the Cyclist verses Harriers race in Irvine. Tom, welcome to Ayr Road Cycling Club.

### **Ayr Road Cycling Club**

Vic Possee (Chairman) tele 01655 770661

Alex McAllister (treasurer) tele: Tel 01292 316336

Kenny Wilson (secretary) tele 01563 540809