



AYR ROADS CYCLING
CLUB
Newsletter

September 2004

UCI BRONZE FOR VIC

Veteran Vic Possee became the first AYR ROAD CC member to pick up a Union Cycliste International (UCI) medal when he came 3rd in the 65-69 age group pursuit at the World masters track championship at Manchester on Saturday 18th of September. The 2km Pursuit was won by Brian Dacey of Great Britain when he crossed the line in 2.38.999 minutes. The Silver medal was claimed by Roland Crayford of Great Britain with a time of 2.43.241 minutes who was less than a second ahead of Vic with a time of 2.44.189 minutes. Vic has added his world championship bronze medal to the two national championship bronze medals won earlier in the year at Manchester.

Congratulations to Vic and well done for raising the profile of the club.

TRY THE TRACK

Members will get a chance to visit the scene of Vic's most recent success when the club takes to the track at the end of November.

Vic has arranged a 3 hour track session at Manchester for around seven keen budding Chis Hoys', or should that be seven geriatric Hugh Porters !!!

Anyway its on Sunday 28 November between 9:00 - 12:00 at Manchester velodrome. Your chance to ride on this record breaking velodrome is at the bargain price of £10 per rider for track time and around another £10 for a bike hire. We would be sharing the track with another small group and a coach would be provided. That's the type of coach that tells you how to ride a bike, not the type that transports you to Manchester. There will obviously be travel and accommodation costs to consider, but being fit cyclists at the peak of your training you wouldn't need to worry about the cost of beer on a Saturday night. If you are interested then contact Vic on 07909993433. Although the numbers are restricted there is still space available for one or two members.

Congratulations to James and Gill Mason on the safe arrival of baby daughter Olivia on the 12th August weighing in at an impressive 8lbs 11.5oz. The news from the east coast is that mother and baby are doing well while dad is in hard training to defend his club hill climb championship in October. Grandpa John is said to be over the moon !

Never one to be out done by his club mate parenthood is also imminent for Neil and Joanne Campbell.

Joanne Campbell is also now qualified in Swedish massage, and is offering any club members a special discount if they wish to have a massage. Joanne can be contacted on 01292 314374.

UP, UP AND STILL UP

Yes hills can be a challenge for all cyclists, whether short ,long, steep or undulating they all require strength and stamina. Non more so than the annual Carrick Hill climb championship. The short, steep lung bursting climb will be contested by club members on the Sunday 3 October. The club run will leave Ayr as usual at 9:30am and head out the coast road for the time trail to start around 10:00. If you are not one of the many riders who are carrying out secret training for this premier event, then come along and cheer on those who are prepared to cough up their lungs at the finish line as they attempt to climb the hill in record time.

AGM NOTICE

The business of the club will be discussed at the Annual general Meeting on Friday 5 November in the North Beach Hotel Prestwick. Members should be there for 7:00pm. Business will include the planning events for the clubs 75th year and electing a new chairman as Ian Robertson has indicated that he intends to stand down this year.

If you have articles for future newsletters please sent then to;
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